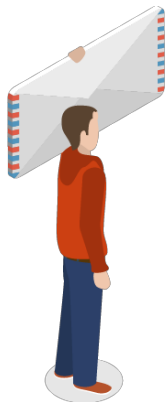# Safer Email

Email is the most often used app on the Internet,
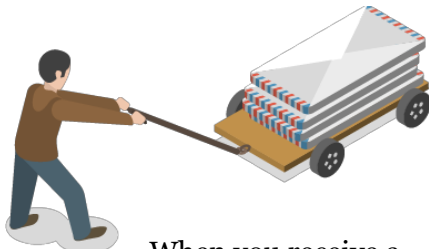but it was never meant to be secure.
Which is why email is home to more than
9 of 10 of computer viruses.

Here's how to stay safer.

Say "no" to receiving emailed offers and updates when you register or shop online.
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Companies often sell or swap their customer lists.

Use separate email accounts for business, home and recreational.
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Make each email password 100% unique and at least eight characters long.
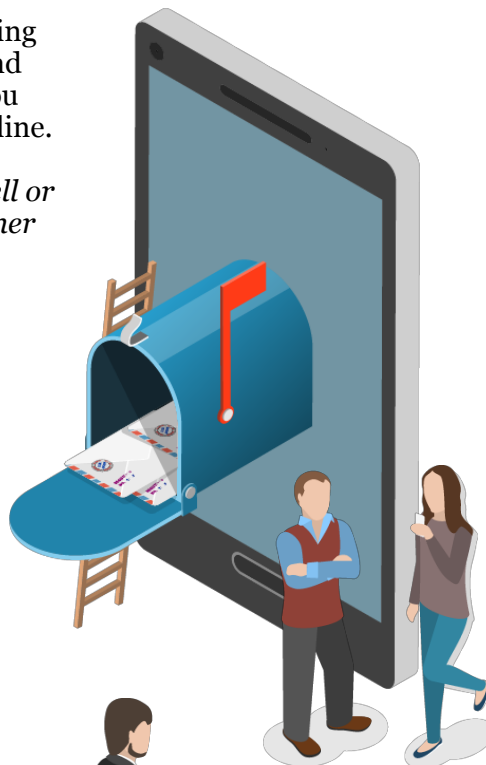
When you receive a suspicious email at work, alert IT.
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Across all industries, this reduces detection time of a breach from 146 days to 1 hour.
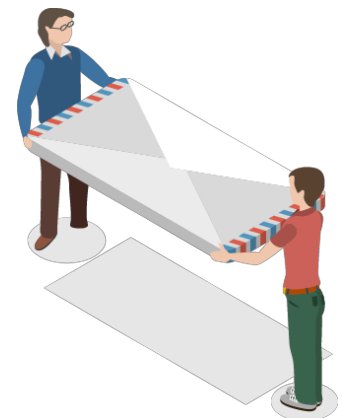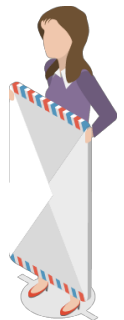
Clicking on links or open unsolicited attachments can infect your computer or phone.
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Many viruses automatically forward the infected email to your entire email address book.

Remember: many emails you send can be intercepted and viewed by prying eyes.